

Roman Food

Use the words on the list to make your own sentences. Remember to start all your sentences with Capital Letters and end them with full stops.

Dormice eat stuffed bread olives

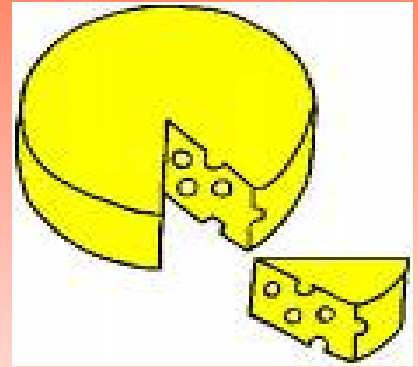
Ostrich Peacock mice sick make

Snails meat healthy banquet rich

Roman Food



Poor Food



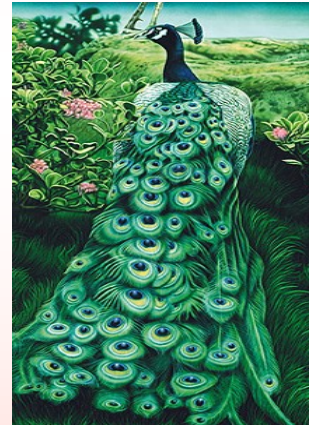
When Rome was quite **poor** the people ate **healthy** food. But as it became **richer** and richer they ate more and more **strange** foods to **show off**.



Romans ate simple foods like **bread**, **Olives** and **cheese**.



Rich Food

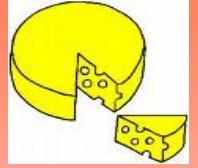


When the Romans became rich they started to eat strange foods. The Roman empire covered many countries and they ate the animals from all these other countries.

They had big banquets where they ate Ostrich, peacock, dormice, mice and snails. They ate so much and for so long that they would make themselves sick so they could carry on eating for hours.

They wanted to show off how rich they were by eating these strange foods!

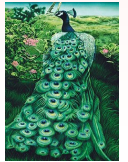
Roman Food



What foods did Romans eat to begin with?

Who made the food?

Was the food healthy?



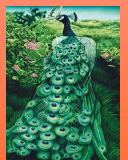
What foods did the Romans eat when their Empire grew?

Why did they have such strange foods to eat?

Was the food healthy?

Why did the Romans make themselves sick?

Would you eat the same foods? Why?



Roman Food



Bread cheese olives healthy food
simple poor mum slaves made it

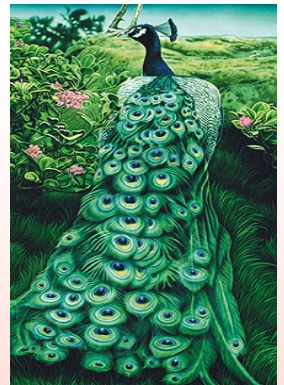
Blank writing area with two horizontal lines.

Blank writing area with two horizontal lines.

ostrich peacock mice

dormice snails rich

unhealthy sick show off



Blank writing area with two horizontal lines.

Blank writing area with two horizontal lines.

Roman Food

Draw the Roman recipe for stuffing animals



Chicken



Duck



Pig



Cow



What foods would you eat?
